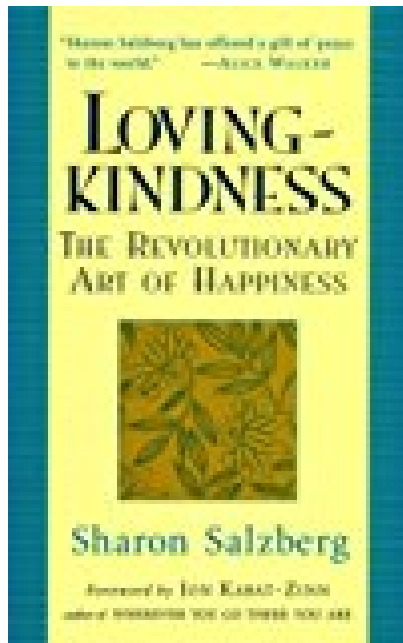


Loving-Kindness The Revolutionary Art of Happiness



BOOK DETAILS

- Author : Sharon Salzberg
- Pages : 193 Pages
- Publisher : Shambhala
- Language : English
- ISBN : 1570620377



BOOK SYNOPSIS

Explains how the Buddhist path can help individuals discover the inner joy within themselves, and shares simple Buddhist teachings and suggestions for meditation.

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